



FOR IMMEDIATE RELEASE

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THE BLUE ZONES CENTER FEATURED IN THIS YEAR'S GLOBAL WELLNESS INSTITUTE "FUTURE OF WELLNESS" 2023 PRESS EVENT

[Blue Zones Center](#) / January 31, 2023 Remedy Place, New York, NY:

The Global Wellness Summit (GWS) will release its annual "Future of Wellness 2023" trends report on January 31, 2023 at an exclusive media event in New York City. The GWS trends report is widely recognized as the leading authority on wellness trends by media outlets and the wellness industry worldwide.

The Blue Zones Center at the Legacy Hotel & Residences in Miami is honored to be featured as one of 13 wellness pioneers presenting the future of wellness trends for 2023 at New York's new and buzzed-about social wellness club, Remedy Place.

The Blue Zones Center also announces its first international flagship location in Miami, Florida. This 220,000 square foot Center combines ancient lessons of the blue zones with lifestyle medicine, the most advanced diagnostics, and AI technology to improve well-being and longevity.

The Center will serve as the world's most advanced destination for a well-being lifestyle and longevity medicine. At the heart of the Blue Zones Center is The Health Zone, which offers members experiences, services, and support for sustainably increasing well-being, preventing disease, and improving performance.

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